

YOUNG LEADERS ACADEMY APPLICATION PACK

Dream, Believe, Achieve....

What is the Young Leaders Academy?

The Young Leaders Academy is a program designed to provide a structure, which young people aged 11+ can follow to help them develop as leaders within the gymnastics environment. The program encourages leaders to complete five different topic areas at 3 different levels (Bronze, Silver & Gold).

The programme has five module areas to complete:

- **MY Learning:** Leaders are tasked with completing several different courses, both generic and sport specific.
- **MY Development:** Leaders are tasked with identifying a mentor and learning from shadowing and working alongside them.
- **MY Volunteering:** Leaders are tasked with volunteering their time at local, regional, and national level events, this could also include meetings.
- **MY Future:** Leaders are tasked with producing a short- and long-term development plan and working towards completing their goals.
- **MY Projects:** Leaders are tasked with identifying, planning, and running a project which benefits their club/community.

What are the benefits?

There are many benefits associated with following the MY Leadership Academy programme; some of these benefits are listed below:

- Improve your CV and enhance UCAS/college/job applications
- Have fun and make new like-minded friends
- Give something back to your club and the community
- Learn new skills, including project management, judging, coaching, fundraising and event organisation
- Meet new people and make lasting connections
- Develop personal, social and professional skills
- Gain references and support for your future development
- Cultivate mentoring skills

BRONZE AWARD

MY VOLUNTEERING

EVENTS: Volunteer at 3 events including one County event.

CLASSES: Volunteer 12 hours within the club helping at classes (you must complete a volunteering agreement form for this).

MY DEVELOPMENT

Identify a Role Model and complete the Young Leaders Agreement in both this and the BG Leadership Academy booklet.

MY FUTURE

Write a development plan and get it signed off by your Role Model or Leadership Captain.

MY LEARNING
COURSES / WORKSHOPS

Complete one British Gymnastics Course

Complete one Generic Course

Attend 3 Leadership Academy meetings / Club workshops

PORTFOLIO

Complete the Bronze award worksheets in the Progressive Coaching Portfolio

Complete the Bronze award practical assessments in the Progressive Coaching Portfolio

MY PROJECTS

Plan, run and evaluate a fundraising project to raise funds for the Young Leaders Academy



NWGC YOUNG LEADERS ACADEMY

SILVER AWARD



MY VOLUNTEERING

EVENTS: Volunteer at a further 3 events including one Regional event.

CLASSES: Volunteer 36 hours within the club helping at classes. Your Bronze hours contribute to this so it is another 24 hours (you must complete a volunteering agreement form for this).

MY DEVELOPMENT

Complete 20 hours working with / alongside your role model (see the MY Volunteering Section)

MY FUTURE

Complete the short-term goals from your Development Plan

MY LEARNING

COURSES / WORKSHOPS

Complete a second British Gymnastics Course

Complete a second Generic Course

Attend a further 3 Leadership Academy meetings / Club workshops

PORTFOLIO

Complete the Silver award worksheets in the Progressive Coaching Portfolio

Complete the Silver award practical assessments in the Progressive Coaching Portfolio

MY PROJECTS

Plan, run and evaluate a second fundraising project to raise funds for the Young Leaders Academy or towards a specific Club target



NWGC YOUNG LEADERS ACADEMY

GOLD AWARD



MY VOLUNTEERING

EVENTS: Volunteer at a further 3 events including one Regional or National event.

CLASSES: Volunteer 60 hours within the club helping at classes. Your Bronze & Silver hours contribute to this, so it is another 24 hours. (you must complete a volunteering agreement form for this).

MY DEVELOPMENT

Complete 50 hours working with / alongside your role model (see the MY Volunteering Section)

Complete the goals set out in your 'MY Future' Development Plan

MY FUTURE

Complete the long-term goals from your Development Plan

MY LEARNING

COURSES / WORKSHOPS

Complete a third British Gymnastics Course

Complete a third Generic Course

Attend a further 3 Leadership Academy meetings / Club workshops

PORTFOLIO

Complete the Gold award worksheets in the Progressive Coaching Portfolio

Complete the Gold award practical assessments in the Progressive Coaching Portfolio

MY PROJECTS

Plan, run and evaluate a project with aims other than just fundraising.

Fundraising CAN be a part of the project but there should be other aims as well.


NWGC YOUNG LEADERS ACADEMY
YOUNG LEADERS ACADEMY APPLICATION FORM

First Name	Surname	Date of Birth

Address	Postcode

Parent/guardian Name(s)	Telephone	Mobile
Emergency Contact Details		
Relationship to Leader		
Parent/guardian Email		

Have you looked through the Leadership Academy Booklet?	YES / NO																																																
Do you understand what is involved in the program?	YES / NO																																																
Do you feel you are able to commit to completing the Program?	YES / NO																																																
Have you discussed the program with your parent / guardian?	YES / NO																																																
Are you happy to volunteer as part of the Leadership Program?	YES / NO																																																
Which areas interest you the most? Use a scale of 1 – 5																																																	
1=Very Interested 2=Quite Interested 3=Interested 4=Slightly interested 5= Not Really interested	<table border="1"> <thead> <tr> <th></th> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> </tr> </thead> <tbody> <tr> <td>Coaching Recreational Gymnastics</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Coaching Competitive Gymnastics</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Judging</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Events Organisation</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Fundraising</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Young Leader Committee Roles</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Other</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		1	2	3	4	5	Coaching Recreational Gymnastics						Coaching Competitive Gymnastics						Judging						Events Organisation						Fundraising						Young Leader Committee Roles						Other					
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If you are interested in something not listed above please tell us about that...

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PARENTS INFORMATION

What is the MY Leadership Academy?

The MY Leadership academy programme is a structure for Young Leaders to follow to help them progress and develop in all areas of gymnastics leadership and volunteering.

How much does the MY Leadership Academy Programme cost?

The Leadership academy programme is free to British Gymnastics members. There may be some cost associated to completing the MY Learning module as the Leaders are encouraged to attend courses and gain qualifications to complete this area.

How much time does it take?

The programme is completely flexible and can be adapted to suit the needs of the Club as well as the needs and wants of the individuals completing the programme. It could take anywhere between 12 months to 3 years to complete the programme in its entirety.

Data Protection

If your child is interested in joining our Leadership Academy, they will be registered via the clubs secure British Gymnastics GymNet site, where their membership information is stored and recorded. This information will not be used or shared with any third-party Organisation other than British Gymnastics. The information stored here will be deleted and removed from record when your child leaves the Leadership Academy and / or Club, unless you request otherwise.

From time to time, if you have signed up to hear about marketing and / or training and development opportunities you may receive promotional content and material related to aspects of the Leadership Academy which may support your child in their progression through the programme.

The lawful basis British Gymnastics rely on for processing your personal data is legitimate interests. This means that you have a right to object to any of the processing undertaken for the above purposes.

Please see the British Gymnastics privacy notices for more information about your data protection rights and how to contact them.